

# **PRATHEEKSHA PALLIATIVE CARE UNIT**

## **MES PONNANI COLLEGE**

### **ACTIVITY REPORT 2015-16**

- On 11/01/15, Dr. K. M. Riyas took an awareness class on the topic 'Student contribution to the Pain and Palliative Care'. 36 students attended the class and it paved way to the formation of the Pratheeksha palliative care unit of the college.
- A one day volunteer training camp was arranged at Karuna Palliative Care unit, Marancherry on 17/02/2015. Sri. Ismayil V ,Secretary welcomed the gathering Rasheed Marancherry and Nishar took classes on the importance of Palliative care in the society and how students could involve in the palliative care activities. Volunteer training session was arranged for students. Jennifer. E. P. and Shamily , student coordinators told the feedback of various sessions.



- Trained volunteers accompanied the home care unit for alleviating the pain of bedridden patients of various palliative units in and around their areas.
- A fund raising campaign was arranged under the leadership of members of the unit among the teachers and students of the college.
- On 14/11/2015 36 members of the unit visited Old Age Home and Pratheeksha Bhavan – Centre for mentally challenged children,Thavanur. Mr. Thoufeeq Rahman , joint coordinator expressed the opening remarks and Principal Prof. A. M. Rasheed, addressed the inmates. Members distributed sweets and snacks among the inmates. The inmates shared their experiences and life stories to the students and the students enlightened them with their cultural programs.





- Formal inauguration of the Pratheeksha Palliative care unit was done by Dr. V. P. Gangadharan on 29/12/2015 at MSK Hall. In the program entitled Jeevanam Smt. Sabna. M, Cordinator welcomed the gathering. Principal Prof. A. M. Rasheed presided the function and Prof Kadavanad Mohammed, Chairman on MES aided colleges made keynote address. Prof. V. K. Baby, Former Principal, Sri Muhammed Rasheed, Joint Cordinater of MES Ponnani College and Sri Ismayil. V, Secretary Karuna Palliatrive Unit, Marancherry expressed words of felicitation. Jennifer E. P. Student coordinator expressed vote of thanks. Dr. V. P Gangadharan took a cancer awareness seminar and the women members of Ponnani City Welfare Forum and students attended the session.

In the afternoon there was a session on 'Introduction to Palliative Care' by Rasheed Marancherry. It was an introductory class to first year students. The second session was on the topic 'Student Involvement in Palliative Care' by Swalih Valancheery, Cordinator-Malappuram Initiative in Palliative.





- In connection with the observance of World Palliative Day on January 15, Shanthi Palliative unit team staged a street play to spread the words of palliative care awareness among students of the college. The members of the college unit joined hands with them for micro funding campaign in and outside the college.

